



Homemade Diet for Cats

Protein - 80% - Use raw ground chuck, raw organic chicken, raw organic egg yolk; cooked egg white; tofu (only in small amounts); cooked chicken, turkey, lamb, or beef (no cooked poultry bones)

Vegetable - 20% - Use finely grated or chopped steamed zucchini or carrot; alfalfa sprouts; steamed broccoli, corn; baked winter squash; Chinese broccoli in garlic sauce; a little yam or sweet potato.

Daily supplement (add to homemade diet):

- . 1 tsp. Menhaden, salmon oil, or Sea Vet
- . 1/8 tsp. Lite salt (Morton),
- . 500 mg taurine,
- . 300 mg bone meal or calcium carbonate, (unless meat has bone ground with it)
- . 1 tablet Pioneer Nutritional 1+ Vitamin Mineral (brand name).

Rations:

- . Small cat – ½ to ¾ cup daily,
- . Medium cat - 1 to 1 1/3 cups daily, .
- . Large cat - 1 ½ to 2 ¼ cups daily.

** Note: To enhance palatability, add a dollop of butter, sardines, or tuna. ** It is best to use all organic meats and produce.

**Cats that have kidney disease or are immunosuppressed should not eat raw meat.

Bribe foods

Since raw foods do not have as strong a taste as cooked foods, you may need to enhance the flavor with "bribe foods". These foods are strong smelling, strong-tasting treats that can be mixed in easily and flavor the entire meal.

- 1/2 jar baby food creamed corn
- 1 lightly cooked chicken liver
- 1 inch piece of sardine in tomato sauce
- 3 to 4 drops tamari soy sauce
- 1/4 teaspoon brewer's yeast sprinkled on top 1-teaspoon baby food lamb smeared on top